



Caregiving can be challenging

Dedicated support is here for whatever life throws your way

Where are you on your Caregiving Journey?



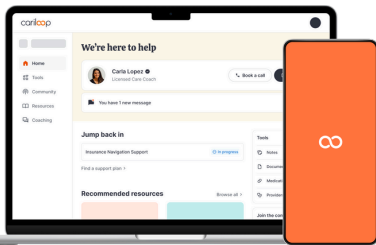
Navigating growing a family and childcare as a new parent



Seeking resources for a neurodivergent loved one



Examining living options for an aging parent

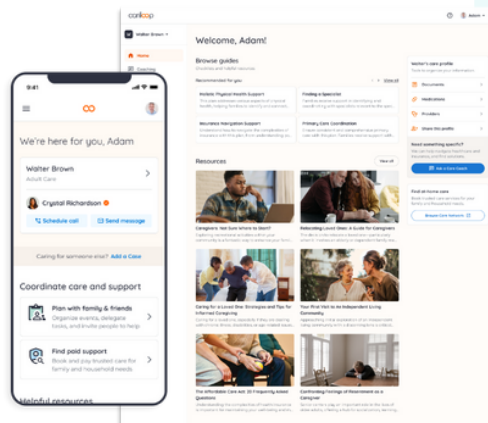


Find **personalized** content & resources to support your caregiving journey

Find support through your unified digital platform

1:1 Coaching: Our expert Care Coaches support families at every step - from finding childcare to supporting an aging parent. They find and vet solutions, offering hands-on support to alleviate your stress and anxiety.

Digital Resources: Find digital tools to help plan and manage your caregiving responsibilities and access on-demand, specialized content written by our credentialed experts.



Get help with your caregiving journey by logging in at cariloop.com/register.



Solutions that save you time & relieve stress

Navigating the care of an aging loved one

- Finding respite care
- Understanding housing options
- Guidance on estate planning and POA's

Finding support for a chronic disease or long-term diagnosis

- Support in preparing for medical appointments
- Resources for dietary requirements
- Improving mobility and safety at home

Supporting a growing family

- Selecting an OB-GYN and pediatrician
- Breastfeeding guidance
- Postpartum depression support
- Finding trusted childcare options

Assisting with education

- Exploring college options
- Supporting student well-being
- Understanding educational programs
- Accessing learning accommodations

Caring for the mental health of you and your loved ones

- Finding support groups
- Accessing self-care tips
- Connecting with a counselor/therapist

Help navigating the care of a neurodivergent loved one

- Identifying therapy & resources
- Guidance on transitioning from childhood to adulthood